

Mentee Assessment Scoring

Instructions

Scoring: Add up your points for each factor, and then total all your points.

Total points for all six factors: _____

161-240 points: You seem to be a committed, effective mentee. Check this out with your mentor to be sure your assessment is accurate in his/her eyes. Continue to enjoy mentoring and continue to polish your skills.

81-160 points: You're doing many things right as a mentee. Talk with your mentor to see if your assessment is accurate and if he/she has suggestions for improvement. Try to supplement or otherwise improve your performance on any items that you rated low.

80 or fewer points: It's admirable that you took this assessment and want to improve as a mentee. You may be harder on yourself than you need to be. Talk with your mentor to see if he/she will give you honest feedback on what you're doing right and what you could improve. Try to add a few new effective behaviors over the coming months

Individual elements: Now go through each of the six factors again and circle any scores that are Strongly Disagree or Disagree. Make a note of each of these under two headings. Strongly Disagree and Disagree. Then take each item one at a time and reflect on what is actually going on that is creating this result. Be sure to include yourself, your Mentor, any contextual elements.

It is helpful to write up these thoughts and have them available to share with the Mentor.