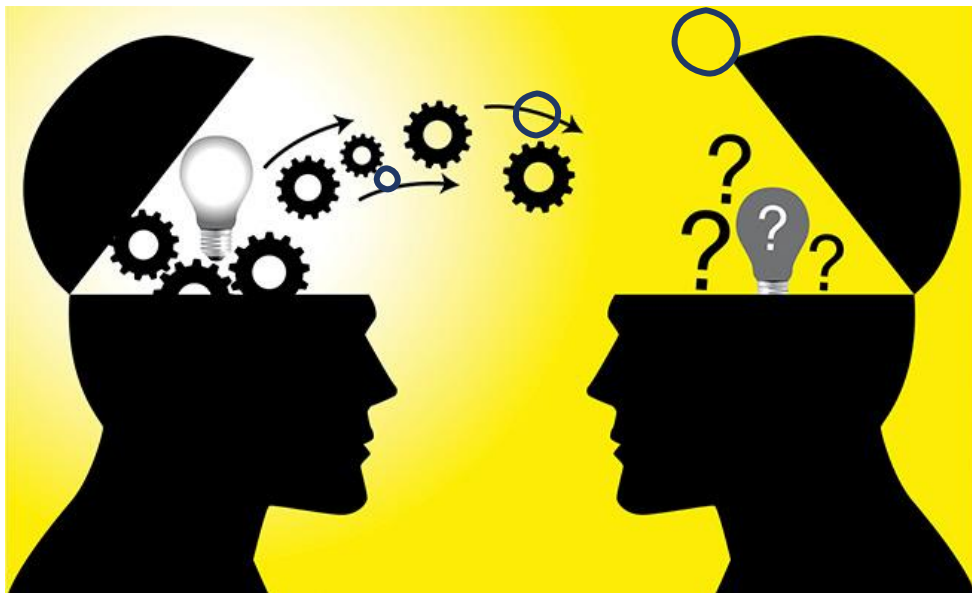


# Values – Interpreting Other’s Values

Without realising it – we are continually interacting with the impact of values that are held by others. We may not name these experiences as such, but when ever we converse, notice, judge – our values come into play as they drive our internal dialogue and what we will and wont accept.



## ACTIVITY:

- On the next page there are a grouping of images of well known people.
- When you flip to the next page, cast your eyes across the rows and – even though you don’t probably know any of these people personally – allow a word or words to come to your mind that would describe what you think from your experience of observing them in the past, a label for them.
- And just name that. You may use the boxes for each on following page to make a note for each image.
- Then, ask yourself – in order for me to see them this way – what do I think is important to them? What do they value?
- And also make a note on that following page in the relevant box

## On completion of the exercise .... ask yourself the following interesting questions .....

- How do you know this? How did you surmise this insight?
- If you have a positive word for an individual – can you also find a negative one for the same person? Or vice versa? Note this in their box
- Did you notice that as you found your word – it was accompanied with a comment of your own – a judgment if you like? A narrative or story line? (This is happening all the time without us being aware of it – we are constantly sorting people base on our experience, and on what we understand based on how they act from their values) – What is the implication of this do you think?





# Words and Values

<b>The Dalai Lama</b>	<b>Desmond Tutu</b>	<b>Malala Yousafzai</b>	<b>Trevor Noah</b>	<b>Winston Churchill</b>	<b>Mohammed bin Salaman</b>	<b>Greta Thunberg</b>	<b>Henry Ford</b>	<b>Joseph Starlin</b>
<b>Angela Merkel</b>	<b>The Rock</b>	<b>Tom Cruise</b>	<b>Mark Zuckerberg</b>	<b>Queen Elizabeth II</b>	<b>Lance Armstrong</b>	<b>George W Bush</b>	<b>Nelson Mandela</b>	<b>Margaret Thatcher</b>
<b>Elon Musk</b>	<b>Saddam Hussein</b>	<b>Hilary Clinton</b>	<b>Che Guevara</b>	<b>Freddie Mercury</b>	<b>Rupert Murdoch</b>	<b>Steve Jobs</b>	<b>Barak Obama</b>	<b>Jeff Bezos</b>
<b>Donald Trump</b>	<b>Adolf Hitler</b>	<b>Princess Diana</b>	<b>Richard Branston</b>	<b>Mother Teresa</b>	<b>Dr Jane Goodall</b>	<b>Mao Zedong</b>	<b>Osama Bin Ladin</b>	<b>Jacinta Ardern</b>
<b>Steve Biko</b>	<b>Beyonce Knowles</b>	<b>Carl Sagan</b>	<b>Mahatma Gandhi</b>	<b>Sir Edmund Hilary</b>	<b>Oprah Winfrey</b>	<b>Dr Martin Luther King</b>	<b>J.F. Kennedy</b>	<b>Pope Frances</b>