

Emotional Language Listing : Negative Emotions

Afraid

- Apprehensive
- Dread
- Foreboding
- Frightened
- Mistrustful
- Panicked
- Petrified
- Scared
- Suspicious
- Terrified
- Wary
- Worried

Aversion

- Animosity
- Appalled
- Contempt
- Disgusted
- Dislike
- Hate
- Horrified
- Hostile

Embarrassed

- Ashamed
- Chagrined
- Flustered
- Guilty
- Mortified
- Self-conscious

Fatigue

- Beat
- Burnt out
- Depleted
- Exhausted
- Lethargic
- Listless
- Sleepy
- Tired
- Weary
- Worn out

Pain

- Agony
- Anguished
- Bereaved
- Devastated
- Grief
- Heartbroken
- Hurt
- Lonely
- Miserable
- Regretful
- Remorseful

Disquiet

- Agitated
- Alarmed
- Disconcerted
- Disturbed
- Perturbed
- Rattled
- Restless
- Shocked
- Startled
- Surprised
- Troubled
- Turbulent
- Turmoil
- Uncomfortable
- Uneasy
- Unnerved
- Upset

Confused

- Ambivalent
- Baffled
- Bewildered
- Dazed
- Hesitant
- Lost
- Mystified
- Perplexed
- Puzzled
- Torn

Sad

- Depressed
- Dejected
- Despair
- Despondent
- Disappointed
- Discouraged
- Disheartened
- Gloomy
- Heavy hearted
- Hopeless
- Melancholy
- Unhappy
- Wretched

Disconnected

- Alienated
- Aloof
- Apathetic
- Bored
- Cold
- Detached
- Distant
- Distracted
- Indifferent
- Numb
- Removed
- Uninterested
- Withdrawn

Angry

- Enraged
- Furious
- Incensed
- Indignant
- Irate
- Livid
- Outraged
- Resentful

Tense

- Anxious
- Cranky
- Distressed
- Distraught
- Edgy
- Fidgety
- Frazzled
- Irritable
- Jittery
- Nervous
- Overwhelmed
- Restless
- Stressed out

Vulnerable

- Fragile
- Guarded
- Helpless
- Insecure
- Reserved
- Sensitive
- Shaky

Yearning

- Envious
- Jealous
- Longing
- Nostalgic

Emotional Language Listing : Positive Emotions

Affectionate

- Compassionate
- Friendly
- Loving
- Open hearted
- Sympathetic
- Tender
- Warm

Confident

- Empowered
- Open
- Proud
- Safe
- Secure

Grateful

- Appreciative
- Moved
- Thankful
- Touched

Hopeful

- Expectant
- Encouraged
- Optimistic

Refreshed

- Enlivened
- Rejuvenated
- Renewed
- Rested
- Restored
- Revived

Engaged

- Absorbed,
- Alert
- Curious
- Engrossed
- Enchanted
- Entranced
- Fascinated
- Interested
- Intrigued
- Involved
- Spellbound
- Stimulated

Joyful

- Amused
- Delighted
- Glad
- Happy
- Jubilant
- Pleased
- Tickled

Exhilarated

- Blissful
- Ecstatic
- Elated
- Enthralled
- Exuberant
- Radiant
- Rapturous
- Thrilled

Excited

- Amazed
- Animated
- Ardent
- Aroused
- Astonished
- Dazzled
- Eager
- Energetic
- Enthusiastic
- Giddy
- Invigorated
- Lively
- Passionate
- Surprised
- Vibrant

Peaceful

- Calm
- Clear headed
- Comfortable
- Centered
- Content
- Equanimeous
- Fulfilled
- Mellow
- Quiet
- Relaxed
- Relieved
- Satisfied
- Serene
- Still tranquil
- Trusting

Inspired

- Amazed
- Awed
- Wonder